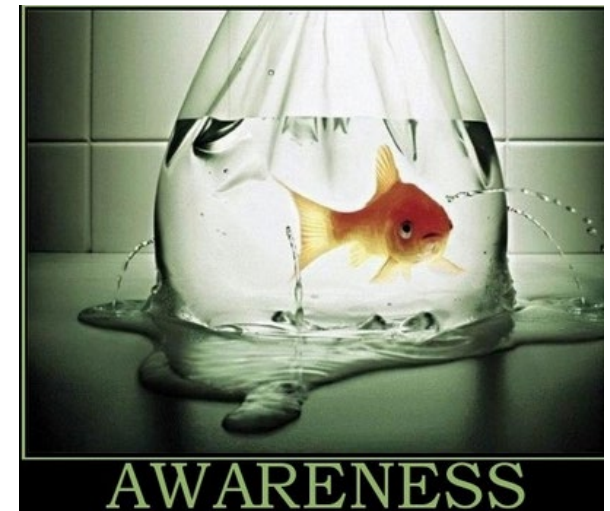


INTRODUCTION

- This active shooter presentation is broken into a three parts:
 - Basic - **Run, Hide & Fight** preparedness.
 - Expand and focus on the unknown information during the **7 minutes** of The Average Active Shooter Event, from a victim's point of view.
 - Bring it together



It is our goal that following this presentation will begin to be more situationally aware!



7 MINUTES TO LIVE

00

07

00

The Average Time of an Active Shooter Event

MINUTE 7 - FIRST SHOTS HEARD

- ➡ “Was that a car backfire?”
- ➡ “Where did that sound come from?”
- ➡ “Could that be a gun shot?”
- ➡ “What should I do?”
- ➡ “Escape? But which way?”
- ➡ “Hide? But where?”
- ➡ “The sound is getting closer!”



Name that sound!



ACTIVE SHOOTER!

- One or more suspect(s) are actively killing and/or causing serious, life-threatening bodily injury to multiple victims. The overriding objective of the suspect(s) appears to be that of mass murder, rather than other criminal conduct such as robbery or hostage-taking.
- Threat is not contained. There is immediate risk of death and injury.
- Considered the greatest threat on campuses and in places where there are large gatherings with little to no armed and trained security/police presence (Malls, Theaters, Public Gatherings).
- Leaves little or no time for proper planning and requires law enforcement to take immediate action to end the threat to life.
- These situations can develop into hostage situations upon the arrival of law enforcement.



What are the first responders doing right now, and more importantly, WHAT SHOULD I DO?

Although active shooter events can be a horrifying experience, with a clear mind, and a deliberate plan, can survive and not be a victim!

Give yourself **7** minutes to LIVE.



SHOTS FIRED!

00

06

59

7 MINUTES TO GO

SHOTS FIRED!

00

06

58

7 MINUTES TO GO

SHOTS FIRED!

00

06

57

7 MINUTES TO GO

ACTIVE SHOOTER - IN THE HALLWAYS



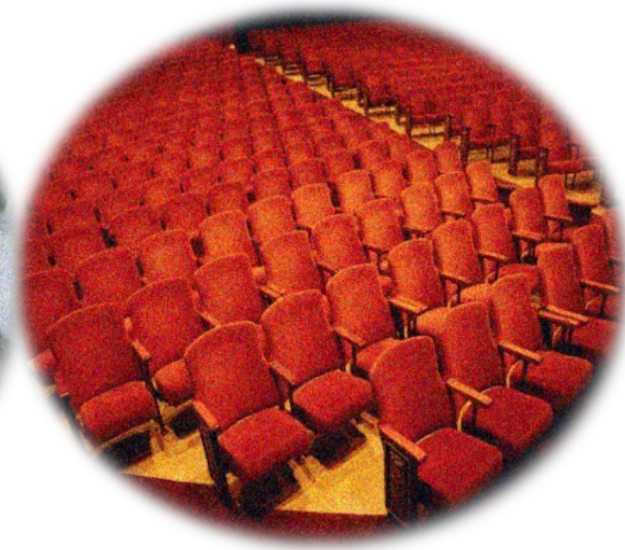
- ➡ Get in a room that is not already secured and secure it.
- ➡ Unless you're close to an exit, don't run through a long hall to get to one, you may encounter the shooter.
- ➡ Don't hide in restrooms, most are unlockable without a key.



- ➡ Call 9-1-1. Do not assume someone else is doing so.
- ➡ Give "exact" location with as much information as possible. Avoid abbreviations.
- ➡ Provide description of suspect (if known) and directions if possible.
- ➡ Alert Rave Guardian!
- ➡ Now is not the time for **SOCIAL MEDIA!**

ACTIVE SHOOTER - IN LARGE ROOMS

- ➡ If in a gym, theater area, food court, or some other large, open area, and the assailant is not present, move to and out of the building exits and toward a safe area with cover.
- ➡ If you cannot flee, take cover, remain in place and try to warn others of the danger.



CONTEMPLATION

00

05

59

6 MINUTES TO GO

CONTEMPLATION

00

05

58

6 MINUTES TO GO

CONTEMPLATION

00

05

57

6 MINUTES TO GO

IT SEEMS LIKE HELP IS TAKING FOREVER TO GET HERE ...



What is going on outside?

- Is it safer for me to run?
- If so where do I go?



Do they know what is happening?

- Did you call 9-1-1?
- Is it safe to do so now?



Who in this room can help me?

- What are their skills?
- Are they vets?
- Is there anybody in distress?



What should we use to secure the door?

- Does it open inward or outward?



CONTEMPLATION ...

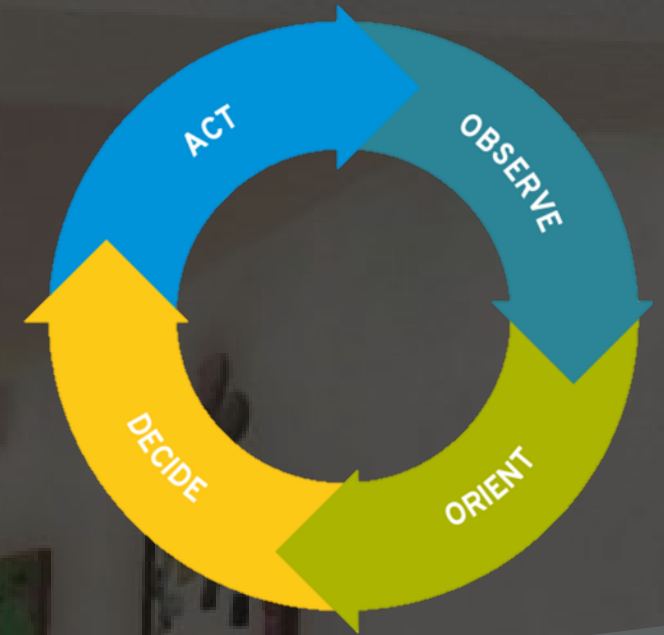


FIGHT

If you are unable to escape to safety or secure the room and become confronted by someone intent on doing harm to you or others ...

DO THE UNEXPECTED!

The attacker has run this exact scenario in his head hundreds of times, always having the same destructive outcome.



CHANGE THAT OUTCOME!

GAME STATS:

CIV KILLED: 5
COPS KILLED: 8

HEALTH: 100

SHOTS FIRED, POLICE & SWAT INCOMING

AMMO: 25 / 150



Develop a Warrior Mentality

REFUSE TO BE A VICTIM!



I
—
GOT
—
THIS

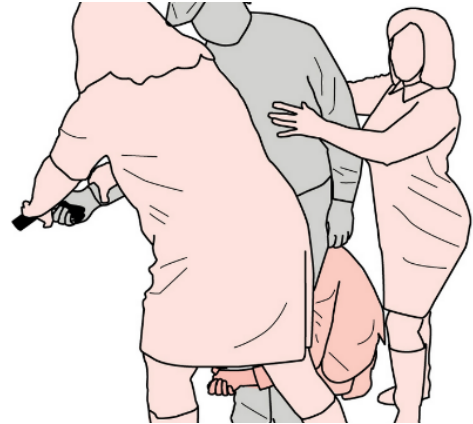
Trapped with the Shooter

Plan like it's the last thing you ever do

Fight Dirty and Win!

This is not a recommendation to fight but rather a choice to fight where there are no other options

- Only you can draw the line on what you will or will not do to preserve your life or the lives of others
- If shooting starts, you need to have already made your own mind; stay still and hope they don't shoot you, run for an exit, or attack the shooter



6 MINUTES TO GO

Police are on their way with
lights & siren ...

Responding officers considering many factors:

- Where is the safest point to enter?
- Which equipment do I need once I arrive?
- Who else should I notify to help?



SENSORY OVERLOAD

00

04

59

5 MINUTES TO GO

SENSORY OVERLOAD

00

04

58

5 MINUTES TO GO

SENSORY OVERLOAD

00

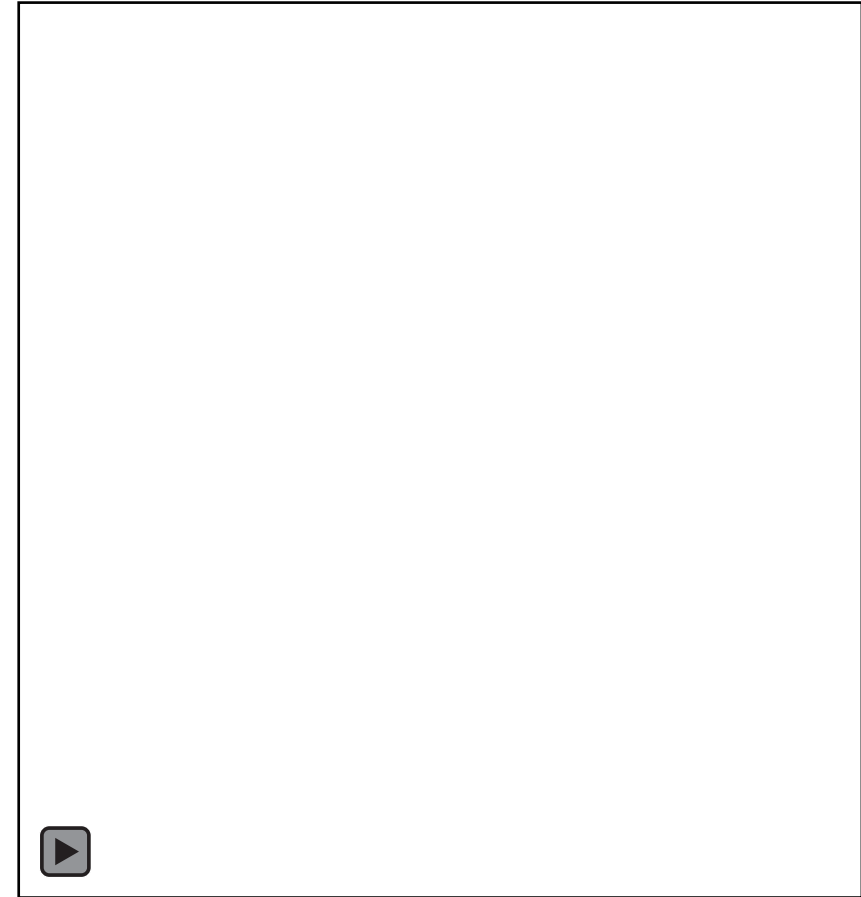
04

57

5 MINUTES TO GO

SENSORY OVERLOAD

- Fire Alarms
- Strobe Lights
- Fire Sprinklers
- Moaning
- Screaming
- Crying
- You may have ringing in your ears



BE THE DIFFERENCE

If safety dictates, assist the injured; take the initiative to help them.
You could be the difference in this person's survival.

“One Person Can Make a Difference, and Everyone Should Try”
President John F. Kennedy



Take Control

Formulate a plan!

- In a chaotic situation, someone needs to take control ...
- Try to control your stress and help others who are struggling.
- Don't consider negatives, only a successful outcome.



"It's hard to beat
a person who never
gives up."
- Babe Ruth

HELP IS ON THE WAY

00

03

59

4 MINUTES TO GO

HELP IS ON THE WAY

00

03

58

4 MINUTES TO GO

HELP IS ON THE WAY

00

03

57

4 MINUTES TO GO

HELP IS OUTSIDE NOW!

- A group of officers are putting on additional protective equipment & formulating their plan to enter the building.
- “Hot Zones” (Red / Yellow / Green) being determined
- Incident Command Post being established in the area
- Allied public safety agencies responding quickly to assist



Time seems so slow ... Where are the Cops?

- I hear something, should I open the door & look?
- Do I still have time to run?
- Get ready to fight if necessary?

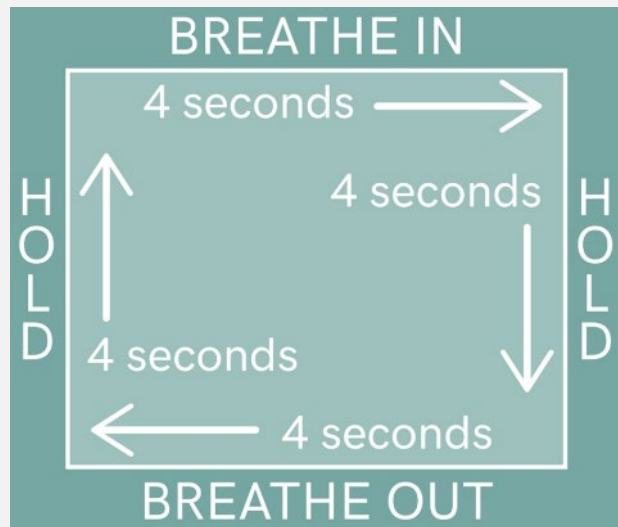




First wave of officers are inside the building and searching for the shooter.

- Their goal is to STOP THE THREAT!
- Initially, everyone in the building/area may be considered a suspect
- First officers will likely walk past the wounded until the shooter is stopped.
- It's not personal, but don't expect a lot of communication right now.

- Watch others who are with you for signs of a panic attack and others who are frozen with fear.
- Talk to those in distress in a calm and reassuring tone. Help is here and you are safe where you are located.



Box Breathing: A Tactical Breathing Technique To Stop Stress

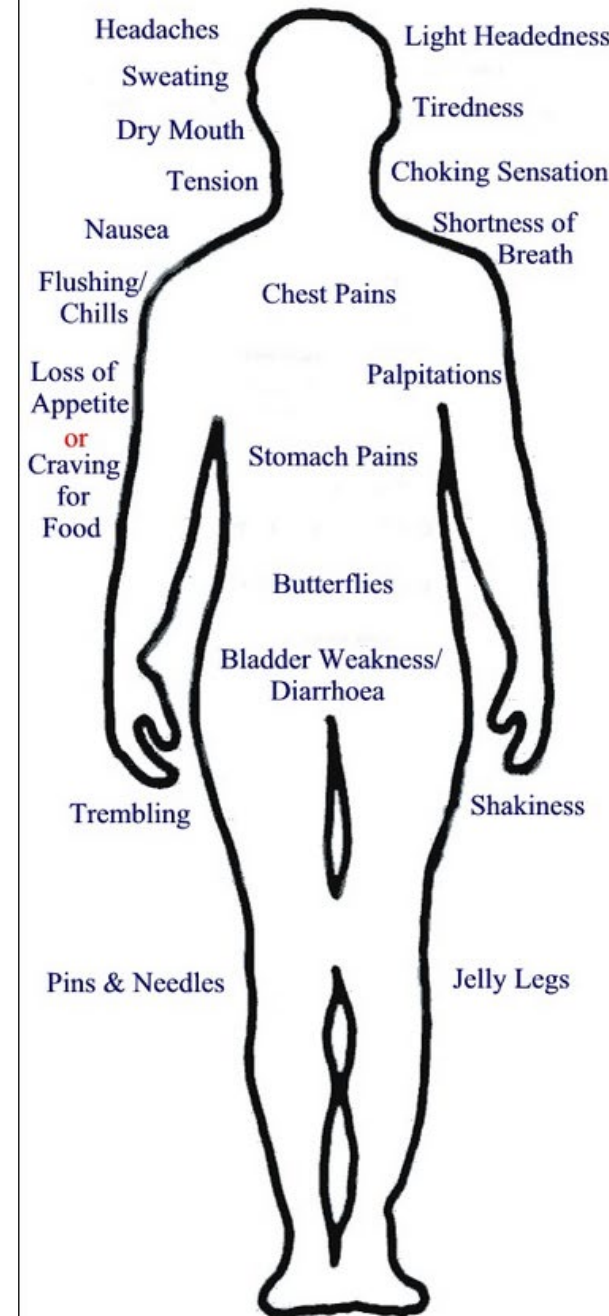
Psychological
FIRST AID



LOOK
LISTEN
LINK



ANXIETY - BODILY SYMPTOMS



HELP IS ONSITE

00

02

59

3 MINUTES TO GO

HELP IS ONSITE

00

02

58

3 MINUTES TO GO

HELP IS ONSITE

00

02

57

3 MINUTES TO GO



Officers are quickly moving toward the sound of gunfire and conducting a visual check of victims and open spaces as they move.



- You're safe now. We didn't leave you!
- Instructions for those still sheltered will be given by secondary response teams.



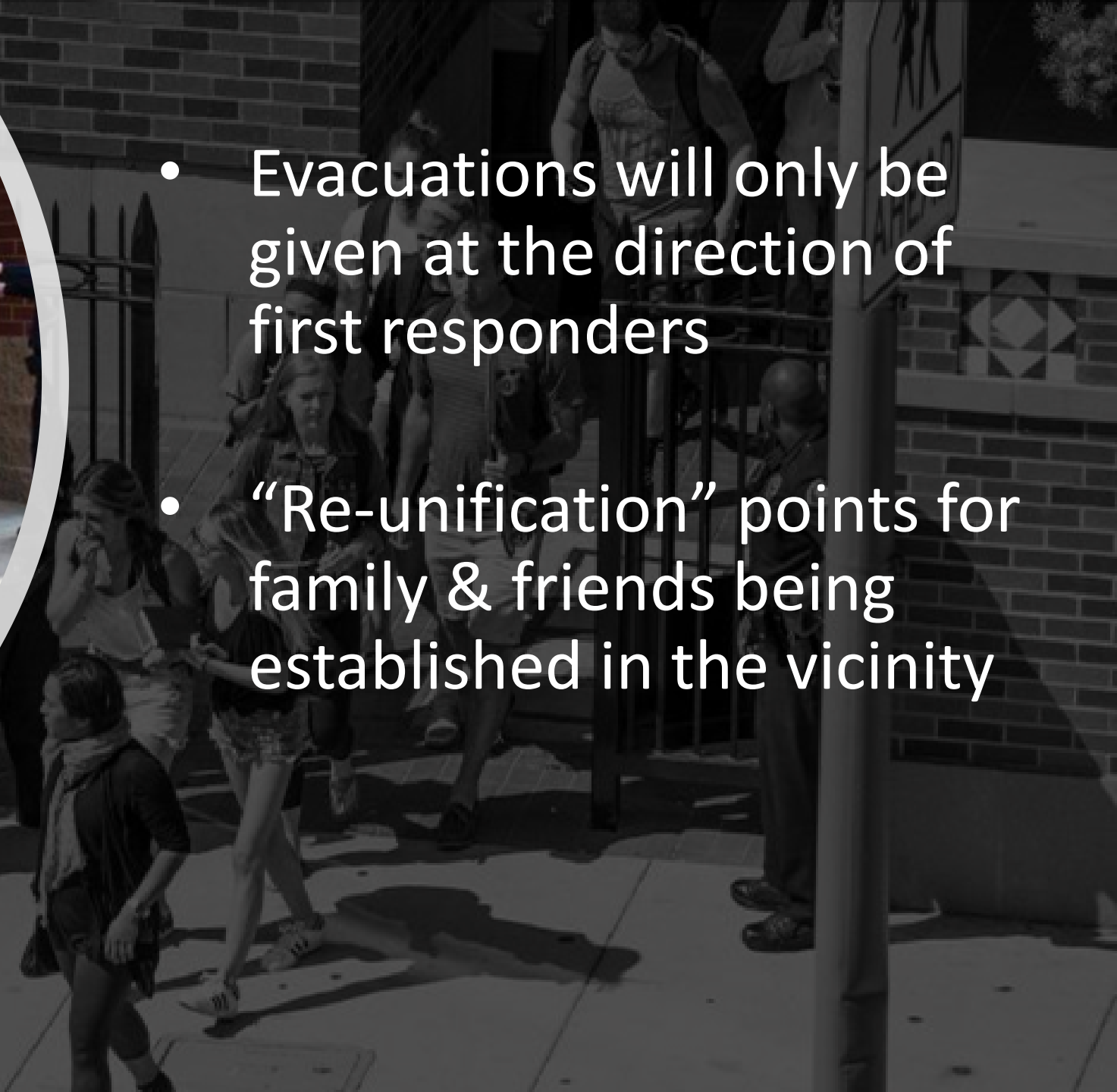
3 MINUTES TO GO

- Those that have exited the building safely should keep their hands high & visible and make their way towards the police.
- Do exactly what the police instruct you to do.
- If no police units are in the area that you escape, move well away from the building and find safe cover positions and wait for the police to arrive





- Evacuations will only be given at the direction of first responders
- “Re-unification” points for family & friends being established in the vicinity



Still, No Social Media

It is important to stay
involved in what is going
on around you.



THREAT NEUTRALIZED

00

01

59

2 MINUTES TO GO

THREAT NEUTRALIZED

00

01

58

2 MINUTES TO GO

THREAT NEUTRALIZED

00

01

57

2 MINUTES TO GO

2 MINUTES TO GO

feels like 20-minutes

This incident is not over until the threat has been stopped.

Secondary teams begin to enter the building

- Searching for secondary devices or “layoff suspect”
- Evacuation process beginning, wounded first - be patient
- Some wounded being treated in place
- Evacuated being directed to medical triage



EVACUATION

00

00

59

1 MINUTE TO GO

EVACUATION

00

00

58

1 MINUTE TO GO

EVACUATION

00

00

57

1 MINUTE TO GO

1 Minute to go

- Once evacuation begins, keep your hands high
- Calmly walk where directed
- Leave your personal belongings where they are for the time being



- EMS performing triage/treatment in secure location nearby
- Investigation portion of the incident begins
- Questions will be asked to determine identification and/or motive of shooter
- Support services will be available to victims as resources become available
- Victims brought to reunification location



Suddenly
there was a loud noise,
and something
scary happened.

My friend was hurt.

My friend was not
with me anymore.

I was scared.

I was confused.
I was worried,
sad, and mad.

Additional Considerations

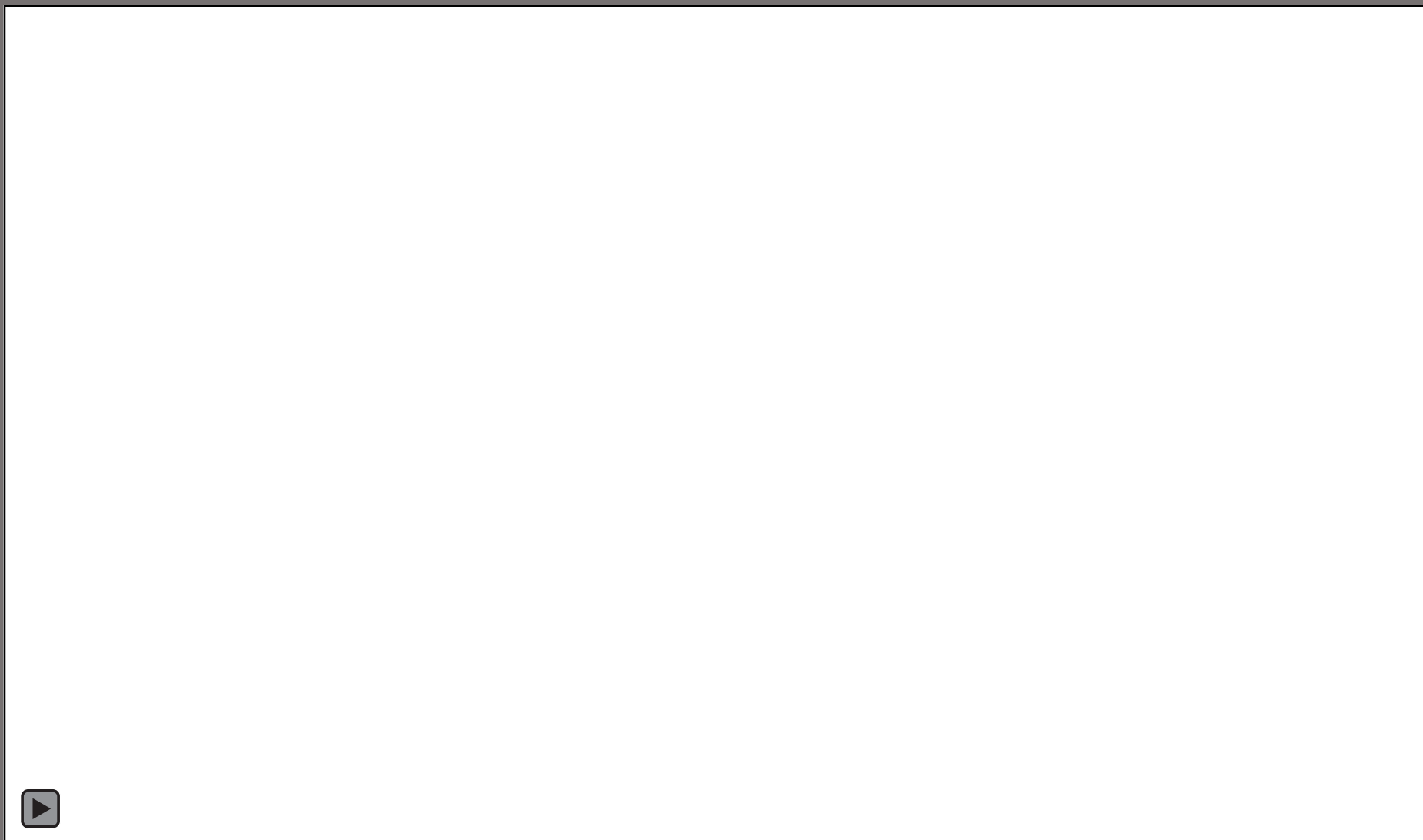
- Assailants in numerous incidents across the country were not students or employees of that location
- Most victims were unaware they were targets until their location was attacked
- Encourage a state of relaxed awareness and a mentality that reporting unusual circumstances/activity is okay
- We can not predict the origin of the next threat

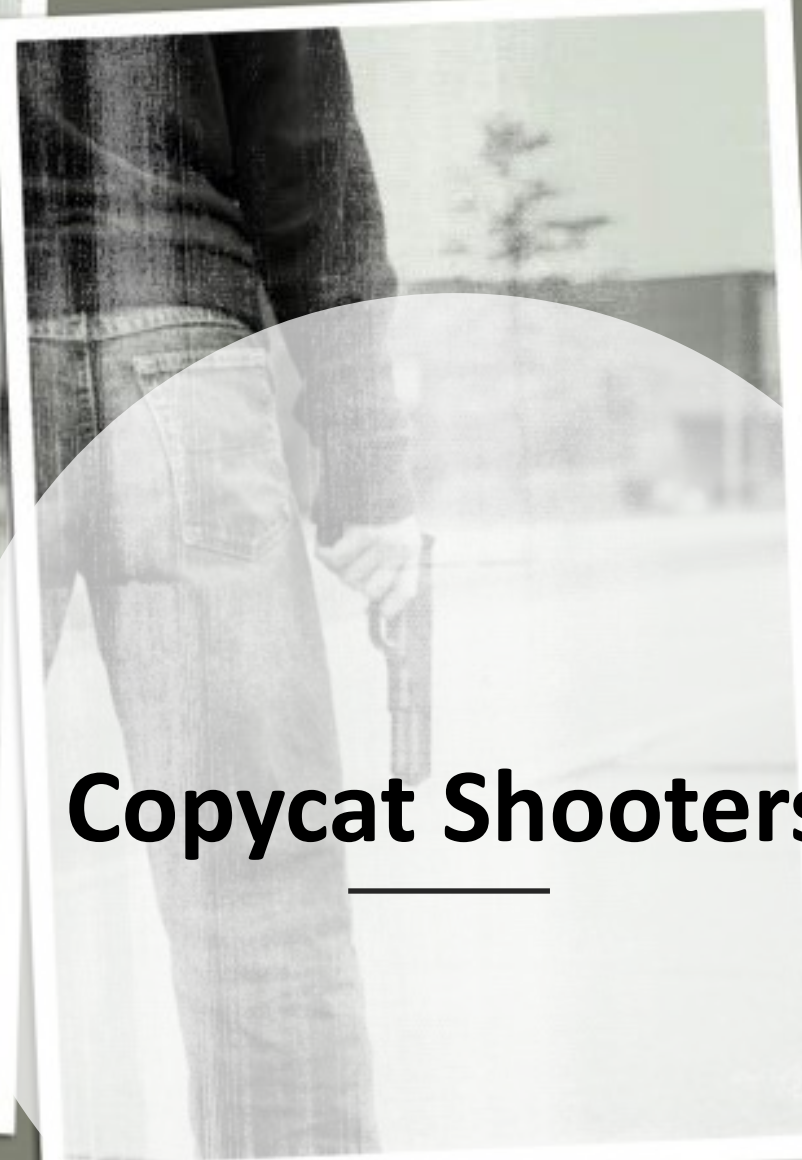
IF YOU ARE READING THIS
THEN YOU ARE BLISSFULLY
UNAWARE OF WHAT IS
CREEPING UP BEHIND YOU





Virginia Tech Shooting, Survivor Kristina Anderson





Copycat Shooters

