

PSYCHOLOGY is a broad liberal arts major. Many entry-level helping positions are available, however the amount of direct client contact is limited for those who only have a bachelor's degree. Students may wish to pursue graduate education in psychology, social work, counseling, college student personnel, or other related fields to increase opportunities and earning potential. Research career fields to learn what type of degree and subject areas are most appropriate for your interests and desired population.

WHERE CAN I WORK?

- ◆ City/County Offices
- ◆ Community Service Organizations
- ◆ Family Services
- ◆ Federal/State Government
- ◆ Higher Education
- ◆ Hospitals/Healthcare Centers
- ◆ Non-Profit Organizations
- ◆ Private Practice
- ◆ Residential Health/Rehab Facilities
- ◆ Schools
- ◆ Social Services
- ◆ Testing Centers
- ◆ Victim Services
- ◆ Youth Camps

HOW DO I GET STARTED?

- ⇒ Visit the **CAREER CENTER** to learn about opportunities in the field and help determining if it is a good fit for your preferred values, strengths, skills, and interests. CSS 2nd floor.
- ⇒ Take introductory **PSYCHOLOGY COURSES** as well as related topics (e.g. child & family studies, sociology, or political science).
- ⇒ Attend annual **TRANSFER FAIR** and **TRANSFER CENTER WORKSHOPS** to determine which university is the best fit for you as well as application requirements and transfer process.
- ⇒ **JOB SHADOW** and **NETWORK WITH PROFESSIONALS** in positions you wish to obtain .
- ⇒ Participate in **PSI BETA** , **PSYCHOLOGY CLUB**, or other **CAMPUS CLUBS** to gain research, teamwork and leadership skills.
- ⇒ Gain experience through **VOLUNTEERING** with organizations such as crisis hotlines, Big Brother or Sister, Special Olympics, summer camps, service groups, etc.
- ⇒ Learn to **WORK WELL** with different types of people.
- ⇒ Practice interpersonal, small group and public speaking **COMMUNICATION SKILLS**
- ⇒ Become fluent in a **SECOND LANGUAGE** to serve clients who may not speak English.
- ⇒ Cultivate the desire to **HELP OTHERS** and acquire knowledge of **COMMUNITY RESOURCES** available for those in need.

WHAT CAN I DO WITH THIS ASSOCIATE DEGREE?

Position Title	CA Annual Openings	CA Median Salary	In Riverside County Wages will Support
Recreation/Youth Counselor	9,230	\$28,330	1 adult
Teacher's Assistant	17,710	\$34,580	1 adult
Human Service Assistant	5,910	\$39,980	1 adult
Human Resources Assistant	1,840	\$42,110	1 adult
Administrative Assistant	23,450	\$42,250	1 adult
Government Program Eligibility Interviewer	2,390	\$64,640	1 adult, 1 child
Psychiatric Technician	680	\$68,090	1 adult, 2 children

WHAT CAN I DO WITH MORE EDUCATION AND TRAINING?

Position Title	CA Annual Openings	CA Median Salary	In Riverside County Wages will Support
Mental Health Counselor (MFT/MS)	2,200	\$48,220	1 adult
Social Worker (BSW/MSW/LCSW)	3,690	\$55,460	1 adult, 1 child
Survey Researcher (BA/BS)	160	\$63,810	1 adult, 2 children
School Counselor (MA/MS)	3,970	\$69,510	1 adult, 2 children
Probation Officer (BA/BS)	1,040	\$89,210	1 adult, 3 children
Clinical Psychologist (PhD/PsyD)	2,060	\$100,850	2 adults, 3 children
School Psychologist (MA/MS)	2,060	\$100,850	2 adults, 3 children
Industrial/Org Psychologist (PhD)	No data	\$129,300	2 adults, 4 children

ESTIMATED COST TO OBTAIN ASSOCIATE DEGREE

60 Units x \$46 per unit (CA residents) = \$2,760	Health, ASNC, Parking Fees (x 4 terms) = \$360
Books & Supplies = \$3,944	Total Cost = \$7,064

WHAT SKILLS DO I NEED?

- ⇒ **Active Listening** — giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- ⇒ **Social Perceptiveness** — being aware of others' reactions and understanding why they react as they do.
- ⇒ **Service Orientation** — actively looking for ways to help people.
- ⇒ **Speaking** — talking to others to convey information effectively.
- ⇒ **Critical Thinking** — using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

PREFERRED WORK STYLES INCLUDE:

- ⇒ **Self Control** — maintaining composure, keeping emotions in check, controlling anger, and avoiding aggressive behavior, even in very difficult situations.
- ⇒ **Concern for Others** — being sensitive to others' needs and feelings and being understanding and helpful on the job.
- ⇒ **Integrity** — being honest and ethical.
- ⇒ **Stress Tolerance** — accepting criticism and dealing calmly and effectively with high stress situations.
- ⇒ **Dependability** — being reliable, responsible, and dependable, and fulfilling obligations

For more information about careers, education and training requirements, salary data, and job outlooks visit www.onetonline.org, www.bls.gov or www.labormarketinfo.edd.ca.gov/OccGuides.