

# 2023 Fall FLEX Agenda

Wednesday August 16, 2023	
<i>All sessions on Wednesday will be located in HUM 111</i>	
8:30am-9:00am	<b>Movement with WLW Healing House</b>
9:10am-9:40am	<b>State of the College</b> Dr. Monica Green, President of Norco College
9:50am-10:20am	<b>Accreditation Midterm Report</b> Dr. Hayley Ashby
10:30am-11:30am	<b>California MAP Initiative and Credit for Prior Learning</b> Drs. Sam Lee & Sigrid Williams
11:30am-11:50am	<b>Tai Chi/Breathing Exercise</b> Florence Stewart
12:00pm-1:00pm	<b>Faculty Association Townhall/ Lunch</b>
1:10pm-1:50pm	<b>Care Network</b> Sheree Summers
1:55pm-2:35pm	<b>Special Funded Programs</b> Daniela McCarson & Amy Kramer
2:40pm-3:30pm	<b>Advising Student Clubs</b> Dr. Edwin Romero
Thursday August 17, 2023	
8:00am-8:30am	<b>Movement with WLW Healing House</b> <i>Room: HUM 111</i>
8:35am-9:35am	<b>New Norco College Website</b> <i>Room: HUM 111</i> Lenny Riley
9:40am-10:15am	<b>Explore DE Certification &amp; Support</b> <i>Room: HUM 111</i> District DE

Share your feedback.



Leave a review.

10:20am-11:30am	Breakout Session #1			
	Informative	Activity-Based	Discussion	DE
	Improving Inclusivity at Norco College  Room: HUM 111  Lisa Hernandez & Jose Sentmanat	It's Time to Flex Our Muscles and Enhance Our Physical Activity!  Room: IT 101  Suzie Witmer, Ruben Aguilar, and Tim Wallstrom	Professional Growth, Sabbatical Leave, & Applying for Rank of Professor (PG&SL)  Room: HUM 102  Susan Brucks & Vivian Harris	Tools for Supporting Student Engagement  Room: HUM 103  District DE
11:30am-12:20pm	Lunch & Short Presentations Room: HUM 111			
	Hyflexing your Andragogy Dr. Sarah Burnett		Schools First Credit Union Cynthia Covarrubias	
12:30pm-1:50pm	Artificial Intelligence & Chat GPT: What is it? How is it impacting education and the job market? Room: HUM111 Dr. Kara Zamiska			
2:00pm-3:30pm	Breakout Session #2			
	Informative	Activity-Based	Discussion	DE
	STRENGTHS: A Growth Mind-Set Approach to the College Classroom Room: HUM 111  Dr. Nancy Quinones	3D Printing at Makerspace Room: IT 101  Farshid Mirzaei	LibreTexts: OER for Everyone* Room: HUM 102 Teresa J. Friedrich Finnern & Lindsay Owens	POCR! How it works? Room: HUM 103  Ryan Hitch

Share your feedback.



Leave a review.

Friday August 18, 2023				
All sessions on Friday will be located in HUM 111				
8:00am-8:30am	Movement with WLW Healing House			
8:35am-9:05am	Program Review Update: New Additions & Changes to Nuventive Tim Russell, Charise Allingham, & Greg Aycock			
9:10am-9:40am	Dual Enrollment and the CRC prison education program Tyee Griffith, Associate Dean			
9:50am-10:50am	Preparing for Emergencies-Faculty Version Beiwei Tu			
11:00am-12:30p	Committee/Department Fair-booths/recruitment/charter/day & time committee will meet			
12:30pm	Fall FLEX 2023 Wrap up			
1:00pm-3:00pm	School/Department Meetings			
* It would be beneficial for participants to already be registered as an instructor with LibreTexts and have a LibreTexts Conductor account. These registrations take a few days to get approved. Also, to make the most of our short time participants should bring laptops, and/or we should request them from IMC.				

Share your feedback.



Leave a review.

## Session Descriptions

Wednesday, August 16

**Movement with WLW Healing House-** sessions focuses on utilizing movement to demonstrate how a sense of belonging, strength and having a growth mindset increases their mental, emotional and physical well-being. Attendees will be walked through tangible examples of better caring for themselves in order to maintain their mental, emotional and physical well-being.

**State of the College-** President Green will welcome our faculty to the 2023-2024 academic year and share college priorities.

**Accreditation Midterm Report-** While faculty may be aware of the progress on certain projects and initiatives that relate to accreditation recommendations and the QFE, the accreditation co-chairs would like to encourage a more holistic awareness of how these successes contribute to our overall institutional improvement. Moreover, we would like the faculty to start to become familiar with the Midterm Report prior to taking it through the **planning and governance process for approval in Fall 2023.**

**California MAP Initiative and Credit for Prior Learning-** Credit for prior learning (CPL) is credit awarded for validated college-level skills and knowledge gained outside of a college classroom. It is a strategy to grant students credit for what they already know and can do. Research suggests that CPL can benefit students and colleges, as it helps colleges increase completion rates and reduces achievement gaps.

**Care Network-** Faculty Members are typically the first to notice uncharacteristic behavior in students or staff members and/or may hold the last clue to preventing a catastrophe. Whether a student has an outburst, is going through personal challenges, or is acting out in other ways, The CARE Network wants to know about it and be a resource for the faculty member, as well as provide help for the student.

**Special Funded Programs-** In this session we will expose faculty to the diverse services offered across special programs at Norco College from foster youth, undocumented, those with disabilities, single parents, those on public assistance and more.

**Advising Student Clubs-** BP 3400 requires that all clubs must have an advisor who is a full-time member of the teaching staff. In order to provide our students with a robust cocurricular experience, it is essential that faculty serve as advisors. Participants will learn about cocurricular funding opportunities, updated travel processes, and how to balance service as an advisor.

Share your feedback.



Leave a review.

## **Thursday, August 17**

**Movement with WLW Healing House-** sessions focuses on utilizing movement to demonstrate how a sense of belonging, strength and having a growth mindset increases their mental, emotional and physical well-being. Attendees will be walked through tangible examples of better caring for themselves in order to maintain their mental, emotional and physical well-being.

**Artificial Intelligence & Chat GPT: What is it? How is it impacting education and the job market?-** This is one of the most urgent issues facing educational institutions across the planet. We need to know how to recognize AI, how to use it, how it will impact our assignments for students and students themselves.

**Explore DE Certification & Support-** Join us for this Fall 23 FLEX workshop to meet the new DE Dean. We'll also explore DE services, resources, and tools to help you complete the Online Teaching Certification requirements

**Improving Inclusivity at Norco College-** Hearing the students' voices. An explanation of a few of Norco College's learning communities and how we as instructors can adopt new practices based on Norco students' feedback during a TLC's spring Brown Bag event.

**It's Time to Flex Our Muscles and Enhance Our Physical Activity! -** A flex activity consisting of a customized workplace exercise program with the goal of having fun coupled with creating two healthy snacks to eat between classes. This training is important to promote the health and well-being of all participants. Research shows that a workplace that promotes physical activity may improve individuals' overall health and well-being and contribute to a positive work environment. Regular physical activity reduces stress, improves memory and concentration, and contributes to many more positive health benefits. Requirements: Please wear comfortable exercise attire for movement training. Water will be provided.

**Professional Growth, Sabbatical Leave, & Applying for Rank of Professor (PG&SL)-** Susan Brucks will be facilitating a Professional Growth & Sabbatical Leave (PG&SL) workshop for full-time faculty. Details will be provided about the application process and required forms and documentation for: (1) Course Approval & Salary Reclassification (Professional Growth), (2) Going on Sabbatical Leave, and (3) Obtaining the Rank of Professor

**Tools for Supporting Student Engagement-** Join us to quickly explore six (6) tools that support student engagement. We'll provide "quick start" tips to help you get started with these engagement tools. We'll wrap up with interactive breakout rooms where you can see a demo of each tool & ask questions.

**Hyflexing your Andragogy-** Quick introduction to a training video on how to incorporate the HyFlex approach to teaching into your classroom. Keep an open mind!

Share your feedback.



Leave a review.

**New Norco College Website-** Learn about the new Norco College website launching later this fall! Learn about the benefits and advantages over the current website. See examples of what the new website will look like. Learn how you can receive training on how to use it to update your department pages.

**STRENGTHS: A Growth Mind-Set Approach to the College Classroom-** Each of our students is gifted in their own extraordinary way, but we are often ignorant of these gifts and abilities. These unique gifts and abilities differentiate the ways our students function. They can also function as the best maximizers in and through their academic journey and overall success. When students discover their individual talents and when they are able to articulate their strengths, a growth mindset emerges, and they are more readily able to envision their potential. This workshop will introduce faculty and staff to a global tool and language with which to engage students from a growth mindset perspective versus from a deficit model of learning/teaching. This is a “MUST-SEE-TV” workshop for anyone who wants to help students succeed using a distinctive and innovative learning approach.

**3D Printing/Makerspace-** A Tour to Norco's Makerspace (ATEC109), New added tools and equipment, explore ways to utilize the space for your programs, plus a hands-on experience on 3D printing. Requirements: Each attendee needs to bring a flash drive (any size is ok), room cap is 34.

**LibreTexts: OER for Everyone\*-** Would you like to make your classes more affordable for your students? Are you interested in customizing a textbook to your specific course? Want an associated online homework system that is FREE for students and integrates into the Canvas gradebook? If so, this FLEX session is for you! Bring your laptop to learn to use LibreTexts to remix existing open education resources (OER) to build a textbook just for your course! Prior registration for a LibreText Instructor Account is recommended but not required.

Requirements:

**Here are the instructions for participants to sign up for LibreTexts:**

- The LibreTexts: OER for Everyone Fall FLEX will be hands-on, so bring a laptop.
- Note: registration for an instructor account may take a few days to be approved.
- Create a LibreTexts Conductor account at [https://commons.libretexts.org/login?redirect\\_uri=%2Fhome](https://commons.libretexts.org/login?redirect_uri=%2Fhome)
- Request an Instructor Account in one of the LibreTexts libraries at <https://libretexts.org/> → Explore the Libraries → select a library → Sign In → Request an Instructor Account → Log in with SSO using college email.
- For assistance, contact [info@libretexts.org](mailto:info@libretexts.org).

Share your feedback.



Leave a review.

**POCR! How it works?-** Peer Online Course Review (POCR) is a voluntary and supportive peer-to-peer experience that uses the CVC-OEI Course Design Rubric to improve the design of Canvas shells for optimal student learning and experience (studies I'd be happy to provide suggest this process boosts course outcomes for students, especially for students from underrepresented backgrounds). As it relates to our campus: DEC is aiming to begin a pilot of POCR late Fall '23, early Spring '24 (pending Senate approval and funding) and would like to recruit faculty volunteers for the program once it is started. A venue like Fall FLEX is a great place to expose faculty to what POCR is and its benefits for faculty and students.

### **Friday, August 18**

**Movement with WLW Healing House-** sessions focuses on utilizing movement to demonstrate how a sense of belonging, strength and having a growth mindset increases their mental, emotional and physical well-being. Attendees will be walked through tangible examples of better caring for themselves in order to maintain their mental, emotional and physical well-being.

**Program Review Update: New Additions & Changes to Nuventive-** The Program Review Committee co-chairs will explain and demonstrate the new additions and changes to the program review platform in Nuventive. There should be time for Q & A after the presentation.

**Dual Enrollment and the CRC prison education program**

**Preparing for Emergencies-Faculty Version-** Mass Notification procedures, emergency procedures and responding to emergency situations. (<https://rccd-edu.zoom.us/j/82774482359>)

Share your feedback.



Leave a review.

## Tools that Support Connection (RSI)

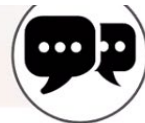


Conversations using video:  
VoiceThread & PlayPosit

Student-to-Student Messaging:  
Pronto & Canvas Groups



## Connection: Conversations using Videos



### Engagement Tools

- Text
- Phone
- Audio
- Webcam
- Upload files
- Audio and video

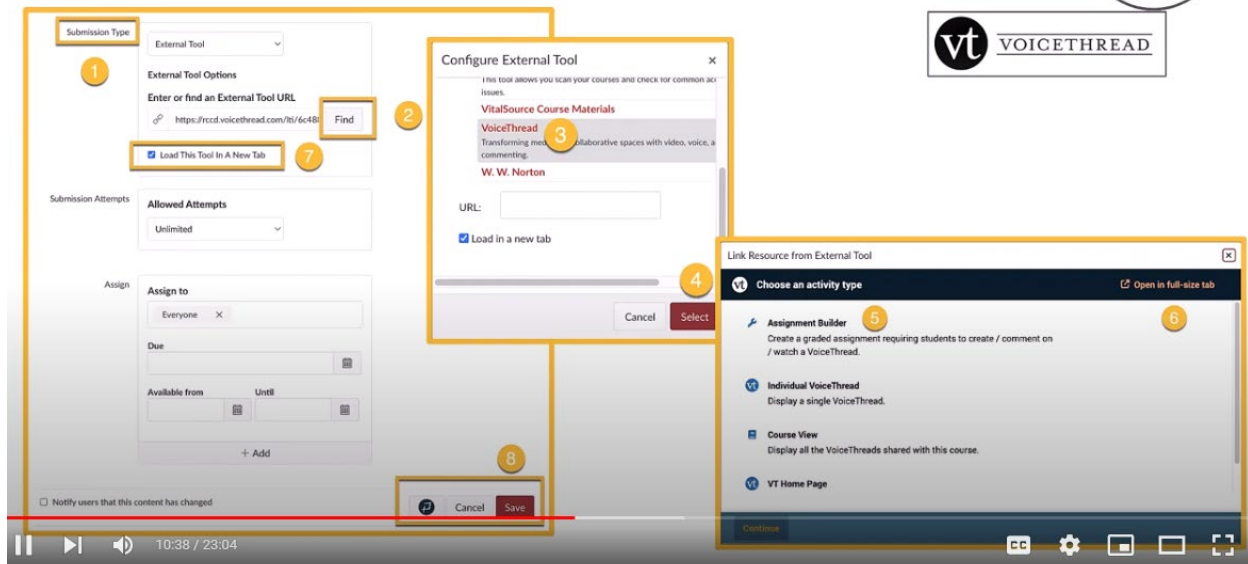
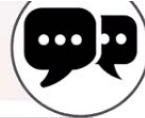


9:13 / 23:04

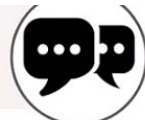




# Connection: Conversations using Video



# Connection: Conversations about Videos



## Engagement Tools



Add an interactive layer to video to create a PlayPosit “bulb”

You can incorporate:

- Pauses
  - Text: Directions/Comments/Guiding Questions
  - Links to other resources
- Quizzes and Poll Surveys
- Discussion: Student-Student Interaction
- Space to write and download notes

