COUNSELING DEPARTMENT

The mission of the Norco College Counseling Department is to foster and promote the intellectual, emotional, social and cultural development of students by offering a wide range of counseling, career, instructional and educational services. Our counselors assist students in acquiring the skills, attitudes, abilities, and knowledge that will enable them to take full advantage of their college experience and achieve success.

Counseling supports the academic goals of the College through consultation and collaboration with faculty, staff, and campus organizations. We offer comprehensive guidance courses and counseling services reflective of our diverse population and evolving student needs.

Counselors advise students in planning and achieving their personal, educational, and career/vocational goals through:

- Individual counseling appointments, express/drop-in counseling, and online counseling
- Online and In-Person Orientation Orientation
- Student Educational Plans (SEPs)
- Academic progress/probation/dismissal counseling
- Transfer course selection for UC, CSU and private universities
- Information on certificate and associate degree requirements
- Instruction of guidance courses
- Assessment and interpretation of personality, interest and career inventories
- Referrals to other support services
- Career exploration advisement
- Success workshops

How To Meet With a Counselor

New students may make an appointment with a counselor after completing Orientation, Assessment, and First Semester Ed. Plan Counseling (referred to as OAC). OAC is completed online through WebAdvisor. Students who select Norco College as their home college may schedule a counseling appointment by visiting the counseling website at https://www.norcocollege.edu/services/counseling/Pages/index.aspx. If a student is unable to keep an appointment, please call and cancel or reschedule 24 hours prior. Drop-In Counseling is available to all students on a first come, first served basis. Counseling hours vary by semester or term. Counseling services are offered in the Learning Resource Center, the Career Center and the Counseling Department. The Counseling Department is located on the second floor of the Student Services building. For further information, call (951) 372-7101 or visit the counseling website.

DISABILITY RESOURCE CENTER

The Disability Resource Center (DRC), also known as Disabled Student Programs and Services (DSP&S) at many California Community Colleges, provides appropriate, comprehensive, reliable and accessible accommodations to students with documented disabilities who request them. The DRC facilitates and encourages academic achievement, independence, self-advocacy and social inclusion for students with documented disabilities in eight primary disability groups as outlined in California's Title 5 Regulations (acquired brain injury, physical disabilities, hearing impairments, learning disabilities, developmental disabilities, psychological disabilities, other health impairments, and temporary disabilities). The DRC at Norco College is located in the Center for Student Success (first floor).

Accommodations are available to students with:

Physical Disabilities:

Acquired Brain Injury

Amputations

Arthritis

Cerebral Palsy

Multiple Sclerosis

Muscular Dystrophy

Orthopedic Disabilities

Post-Polio Disabilities

Learning Disabilities:

Average to above average intellectual ability with a verifiable learning disability.

Other Health Impairments:

Cardiac Disease

Diabetes

Epilepsy

Psychological Disabilities

Communicative Disabilities:

Deaf

Hearing Impaired

Speech Impaired

Respiratory Disease

Temporary Disabilities:

Broken Bones

Post Operative Recovery

Other

Support Services Available Include:

Alternate Media and Adaptive Technology (i.e., e-text,

screenreaders, etc.)

Counseling

High Tech Center (Adaptive computer equipment) and assistive devices

Interpreters/RTC for the Deaf

Liaison with other agencies

Mobility assistance

Note-taking services

Priority registration

Test facilitation

Trained professionals are available in the Disability Resource Center to assist each student in acquiring the support services needed to attain individual academic and career goals. For further information call: (951) 372-7070 or email drc@norcocollege.edu.

Riverside Community College District does not discriminate on the basis of disability in the recruitment and admission of students, the recruitment and employment of faculty and staff, and the operation of any of its programs and activities, as specified by federal laws and regulations. The designated coordinator for compliance with section 504 of the Rehabilitation Act of 1973, as amended, the Americans with Disabilities Act (ADA) is the Director of Diversity, Equity, and Compliance.

DISCIPLINE

Norco College promotes learning, positive social interactions, and support services for members of our college community. All members share a responsibility in maintaining a respectful and collegial environment at Norco College. Disruptive, obscene, or vulgar behavior (including the use of profanity) has no place in an academic or work setting as it violates the rights of others. Disruptive behavior is subject to disciplinary action (refer to Standards of

Description: The geographic analysis of the human imprint on the planet. A study of diverse human populations, their cultural origins, diffusion and contemporary spatial expressions emphasizing demography, languages, religions, urbanization, landscape modification, political units and nationalism, economic systems and development. Emphasis is given to interrelationships between human activities and the biophysical environment. 54 hours lecture.

GEG-3

World Regional Geography

3 Units

(C-ID:GEOG 125)

UC, CSU

Prerequisite: None

Description: A study of major world regions, emphasizing current characteristics and issues including cultural, economic, political and environmental conditions. Topics may include the natural environment, population distribution, cultural practices, political institutions, economic development, agricultural practices, and urbanization. 54 hours lecture.

GEG-4

Geography of California

3 Units

(C-ID:GEOG 140)

UC, CSU

Prerequisite: None

Description: An introduction to California's physical and cultural diversity as well as the issues facing individual regions. The course emphasizes ethnic diversity, human alteration of the landscape, and contemporary social, economic, and environmental issues using maps and other geographic tools. Topics include regions, demographic trends, politics, climate, landforms, natural vegetation, water resources, the cultural landscape, our Native American past, urbanization, agriculture, and the challenges of the future. 54 hours lecture.

GEG-5

Weather and Climate

3 Units

(C-ID:GEOG 130)

UC, CSU

Prerequisite: None

Description: The nature and causes of common meteorological phenomena, severe weather occurrences, and climatic patterns. Topics include: atmospheric structure, solar radiation and energy balances, atmospheric moisture, clouds and fog, air pressure, wind, air masses and fronts, cyclones, tornadoes, hurricanes, weather forecasting, climate classification, and climate change. 54 hours lecture.)

GEG-6

Geography of the United States and Canada 3 Units

UC. CSU

Prerequisite: None

Description: An overview of the regions of the United States and Canada. Topics include regional interactions and current political, economic, demographic, and cultural issues. 54 hours lecture.

GUIDANCE

GUI-45

Introduction to College

1 Unit

UC, CSU

Prerequisite: None

Description: Guidance 45 is designed to introduce academic and occupational programs, college resources and personal factors that contribute to success as a college student. Includes an extensive exploration of Riverside Community College District resources and policies, orientation to college life, student rights and responsibilities, as well as certificates, graduation and transfer requirements. Students will prepare a Student Educational Plan (S.E.P.). Outcomes of higher education will be discussed through the exploration and application of sociological and psychological principles that lead to success in college and in accomplishing goals. As a result of class activities and exploration of factors influencing educational decisions, class members will be able to utilize the information obtained in class to contribute to their college success. 18 hours lecture. (Letter grade or Pass/No Pass)

GIII-46

Introduction Transfer Process

1 Unit

UC, CSU

Prerequisite: None

Description: Provides an introduction to the transfer process. This course includes an in-depth exploration of transfer requirements, admission procedures, requirements for majors and financial aid opportunities. The information learned will enable students to make informed choices on majors, four-year institutions and in academic planning. 18 hours lecture. (Letter Grade, or Pass/No Pass option.)

GUI-47

Career Exploration and Life Planning

3 Units

UC, CSU

Prerequisite: None

Description: In depth career and life planning: topics include extensive exploration of one's values, interests and abilities; life problem-solving and self-management skills; adult development theory and the changes that occur over the life span; self-assessment including identifying one's skills and matching personality with work. An intensive career investigation; decision making, goal setting and job search strategies, as well as resume writing and interviewing skills will also be addressed. This course is designed to assist those students considering the transition of a career change or undecided about the selection of a college major. 54 hours lecture.

GUI-48

College Success Strategies

3 Units

UC, CSU

Prerequisite: None

Description: This comprehensive course integrates personal growth and values, academic study strategies and critical thinking techniques. Students will obtain skills and personal/interpersonal awareness necessary to succeed in college. 54 hours lecture. (Letter grade only)