

Topics and Activities

Real information from real people – that's what the Norco College Success Network is all about. But sometimes it's hard to get started, to know what to ask, and to feel comfortable with openly exchanging information. If you're not sure what to say to your mentor or how to engage your mentee, here are some discussion topics and activity ideas that can help get the career conversation going. For more information, visit www.norcocollege.edu/successnetwork.

DISCUSSION TOPICS FOR STUDENTS

Story Time Ask your mentor about their educational and/or career journey. Find out how

your mentor prepared for the transition from school to the professional world. Talk about how the mentor has dealt with personal or professional challenges. Ask about what your mentor would have done differently if he/she could

prepare for his/her career over again.

entrance into the field. Find out how your mentor's educational background

played a role in his/her own career development.

Career Climate Discuss the current state of the mentor's career field. Learn about prospective

developments, anticipated changes, and potential opportunities.

Current Events Talk about current events or issues in the mentor's field. Find out if your mentor

has any insight into how current events will play a role in the future of your

career field.

Get Real Ask your mentor for their best advice for a person like you.

ACTIVITY IDEAS FOR MENTORS

Networking Introduce your student to colleagues or other contacts. Suggest professional

associations, websites, and/or other ways for your student to get connected.

Resume Review Look over the student's resume and/or cover letter and make constructive

suggestions about how to improve the document(s).

Mock Interview Offer to conduct a mock/practice interview with your student and provide

feedback regarding the student's interview performance.

Job Shadowing Schedule a time for your student to shadow you at your workplace or arrange

for your student to shadow a colleague.

Career Events Attend a seminar or meet up at a conference related to your career field.