

Program Review Comprehensive Report



Program Review - Instructional: Kinesiology

Supplemental Reports and Attachments

2014 - 2017

Comments or Notes: NCB ENTERED

Attachments:

[2014_17_KINESIOLOGY_CurriculumRPT.pdf](#)

[2014_17_KINESIOLOGY_SuccessEfficiencyRetentionRPT.pdf](#)

[2014-17_INSTRUCTION_KINESIOLOGY_ResourceRequests.xlsx](#)

[2014-17_KIN_SLO_DISCIPLINE.pdf](#)

Program Trends and Updates

2014 - 2017

Program Update Section

Has your unit shifted departments in the PAST 4 years?: Yes. Kinesiology is now a part of the Science and Kinesiology Department. This department previously included Math.

Do you anticipate your unit will shift departments in the NEXT 4 years?: NO

New certificates programs created by your unit in the PAST 4 years?: NO

New certificate programs anticipated by your unit in the NEXT 4 years?: Yes. The KIN ADT was completed at the college level in the Spring of 2016. We have been awaiting state approval since that time. We have been in contact with the point person at the district and she is investigating the status of our ADT and when we can anticipate a response from the state.

Substantial modifications made to certificates/degrees in the PAST 4 years.: NO

Substantial modifications anticipated to certificates/degrees in the NEXT 4 years.: Because of the more lengthy process involved with the state approval, we do anticipate making some minor adjustments to our ADT. In general, this may involve the addition of new courses that were not offered at the time of college level approval.

Activities in other units that impacted your unit in the PAST 4 years.: NO

Activities in other units that impacted your unit in the NEXT 4 years.: Potentially. There is more discussion occurring about the expansion of Athletics. If this occurs, KIN will need to add sections to accommodate the necessary varsity sport offerings. The additions could include an increase in both in/out of season sport conditioning classes, varsity athletic classes, and general activity classes that "mirror" athletic offerings. For example, if the college does add Varsity Cross-Country, the KIN discipline will be asked to include a "Long Distance Running" class. We will need to remain attentive to these changes and their impact on Kinesiology and course offerings for the general student population. It will not be advantageous to the general student population if Varsity Sport classes negatively impact the number of sections offered to the general student population.

Previous Program Review Resource Requests

Resource Requests Received: Instructional Supplies - Athletic Training - Fall 2017, Storage Shelves - Fall 2016; Desks for WEQ 3 - Fall 2016; Manikins for First Aid and CPR - Spring 2015; Wall Fans for Fitness Center - Fall 2016; Desktop Computer (Faculty) - Fall 2016

How did the resources received impact student learning?: The above listed resources have had numerous positive impacts on student learning and the classroom environments. For example: Instructional supplies for Athletic Training have allowed students to adequately practice various treatment techniques with regard to injuries and rehabilitation. The storage shelves and new desks have dramatically improved the classroom environment in WEQ 3. Both have allowed for improved access to instructional supplies and the ability to reorganize the classroom to allow for the practice of First Aid and CPR skills. New

Manikins have provided students the opportunity to practice CPR more efficiently and with equipment that is more hygienically safe. The wall fans in the fitness center have improved the air circulation in WEQ 8 and assist in maintaining a more reasonable room temperature. The desktop computer has allowed a faculty member to access online technology that is utilized in class preparation and incorporated into active learning within the courses that she teaches.

If you requested resources but did not receive them, how did that impact student learning?: Resources that have been requested, yet not received include: Instructional Supplies - First Aid and CPR (masks, face shields, lungs, alcohol prep pads, gloves, & AED), Instructional Supplies - Yoga (blocks and Straps) , Instructional Supplies - Soccer (balls), Instructional Supplies - Physical Fitness (various equipment). With regard to these supplies, they are necessities! Students are being short-changed when we are unable to provide them with necessary teaching tools and basic equipment that is necessary to perform the required classroom activities. At times, our instructors have purchased items out of pocket to lessen the impact on student learning. In other cases, students are using outdated modes of training or utilizing equipment that does not "function" properly. We desperately need an operational budget for instructional supplies as these are yearly expenses.

We also have one faculty member who has not yet received a new desktop computer. This severely impedes his ability to perform work related tasks in an efficient and productive manner.

Maintenance of the equipment in our fitness center has been irregular (due to inconsistency in funding) and we are paying a "price". We are incurring the expense of equipment repair that may have been avoided if regular maintenance had been performed. This also impacts student learning in that machines are not operational and students are unable to utilize them. This also creates disruption in the flow of the class and interrupts their ability to meet student learning outcomes.

We have not yet received the equipment necessary to institute a softball class. At the time, there has not been a severe impact, however when our ADT is approved, we will need a second team sport class to assist majors in their ability to move through the program in a timely fashion. At the time, soccer is the only team sport class that is offered.

We not yet received what is called a Bod Pod. This item allows for the accurate assessment of body composition. The Bod Pod would be an asset for numerous classes allowing students to better grasp the concepts of body composition and accurately track what is a highly important aspect of health-related fitness.

Program Data Highlights Section

COR Review: All courses have been updated.

Program Metric Highlights: Kinesiology continues to perform above the college level in success, retention, and efficiency.

Assessment Report Highlights: Tim Wallstrom is now a member of the Assessment Committee and is assuming responsibility for insuring that Kinesiology consistently performs assessment of all SLO's.

Program Goal: Organizational Strategies

Implement Organizational Strategies Within the Discipline through Bi-Annual Meetings and the assignment of a "point person" for various discipline related tasks and responsibilities such as assessment, curriculum, program review, facility inspections & repairs, etc.

Goal Status: In Progress

Goal Year(s): 2018 - 2021

Start Date: 08/25/2017

Completion Date: 02/28/2019

How do your goals support the Educational Master Plan?: 1 - The introduction of bi-annual discipline meetings will facilitate improved communication within the unit and provide opportunities to both assess and clarify yearly responsibilities (such as assessment). It will also provide opportunities to build cohesiveness within the discipline.

2 - Assigning full-time faculty to specific discipline responsibilities will improve our focus as a discipline and ensure that all aspects of curriculum, assessment, and communication are managed in a timely fashion. Adopting this procedure will also encourage more manageable workloads, improved time management, and communication with colleagues both within and outside the unit.

This Program Goal Supports the selected EMP Goal(s) and Objective(s): Goal 1 Objective 6: , Goal 2 Objective 1: , Goal 3 Objective 5: , Goal 5 Objective 1: , Goal 5 Objective 2: , Goal 5 Objective 3:

Activities

2017 - 2018 - Discipline Meeting - Full-Time Faculty - Lead Assignments were made as follows:

1 - Curriculum - Suzie Witmer

2 - Assessment - Tim Wallstrom

3 - Program Review - Beverly Wimer (Active)

Lead: Beverly Wimer

Program Review - Instructional: Kinesiology

Program Goal: Assessment

Implement four year assessment plan/rotation

Goal Status: In Progress

Goal Year(s): 2018 - 2021

Start Date: 08/24/2018

Completion Date: 08/24/2022

How do your goals support the Educational Master Plan?: Implementing a four-year assessment plan/rotation is directly related to the mission of the college in terms of “encouraging an innovative approach to learning”. Through assessment we can discover new strategies for improving student success, and retention. Through assessment, we can strengthen student learning by examining the current effectiveness of pedagogy and how adjustments may result in improved learning opportunities for students.

This Program Goal Supports the selected EMP Goal(s) and Objective(s): Goal 1 Objective 6: , Goal 1 Objective 10: , Goal 5 Objective 1: , Goal 5 Objective 2:

Program Goal: Associate Degree Transfer (ADT)

Institute the Associate Degree Transfer for Kinesiology

Goal Status: On Hold

Goal Year(s): 2018 - 2021

Start Date: 09/01/2016

Completion Date: 08/25/2022

How do your goals support the Educational Master Plan?: Instituting the ADT for Kinesiology is directly related to the mission of the college in terms of providing “...foundational skills and pathways to transfer, career and technical education, certificates and degrees”. It will improve transfer preparedness for our Kinesiology majors and assist students in identifying educational goals.

This Program Goal Supports the selected EMP Goal(s) and Objective(s): Goal 1 Objective 1: Improve transfer preparedness (completes 60 transferable units with a 2.0 GPA or higher)., Goal 1 Objective 10: , Goal 3 Objective 1: , Goal 3 Objective 2: , Goal 3 Objective 3:

Activities

2017 - 2018 - Contact was made with both counseling and district lead with regard to the progress toward state approval. It was explained that the delay was related to a new state-wide platform. The district lead will update as when further information can be provided. (Active)

Lead: Beverly Wimer

Program Goal: Kinesiology Club

To foster teamwork, cooperation and friendship among students through experiences and responsibilities for a clear view of a future career in the area of Kinesiology.

Goal Status: In Progress

Goal Year(s): 2018 - 2021

Start Date: 01/31/2018

Completion Date: 08/26/2021

How do your goals support the Educational Master Plan?: This discipline goal specifically supports EMP goal # 3 - Improve the Quality of Student Life. A Kinesiology Club will provide opportunities for students to participate in co-curricular activities and support their educational journey in terms of degree completion and transfer.

This Program Goal Supports the selected EMP Goal(s) and Objective(s): Goal 1 Objective 1: Improve transfer preparedness (completes 60 transferable units with a 2.0 GPA or higher)., Goal 1 Objective 10: , Goal 2 Objective 1: , Goal 2 Objective 2: , Goal 2 Objective 3: , Goal 2 Objective 4: , Goal 2 Objective 5: , Goal 2 Objective 6: , Goal 3 Objective 1: , Goal 3 Objective 2: , Goal 3 Objective 3:

Activities

2017 - 2018 - Formation of Kinesiology Club - Club charter was created and first meeting occurred in March, 2018 (Active)

Program Review - Instructional: Kinesiology

Lead: Suzie Witmer

Program Goal: Curriculum

Create and adopt new courses so that we will continue to meet the needs of our student population.

Goal Status: In Progress

Goal Year(s): 2018 - 2021

Start Date: 08/24/2018

Completion Date: 12/31/2021

How do your goals support the Educational Master Plan?: This goal is specifically related to EMP Goal 1 - "Increase Student Retention and Success". In offering a wider range of courses we hope to attract more students to our discipline through providing opportunities that specifically meet their needs. For example, adopting a course called "Foundations of Coaching" will provide a great opportunity for students who may be interested in pursuing a coaching career.

This Program Goal Supports the selected EMP Goal(s) and Objective(s): Goal 1 Objective 1: Improve transfer preparedness (completes 60 transferable units with a 2.0 GPA or higher), Goal 1 Objective 5: , Goal 1 Objective 6: , Goal 1 Objective 7: , Goal 1 Objective 10:

Activities

2017 - 2018 - Departmental approval for the addition of activity classes that will support the development of Athletics (Active)

Lead: Suzie Witmer