A Pre-Med Student's Steps to Medical School

College Freshman Year

1 Explore Your Options for Careers in Medicine

- Visit Aspiring Docs
- Meet with an advisor
- Attend pre-health meetings
- Apply to summer programs
- Explore financial aid options

Summer

2 Get Some Experience

- Participate in enrichment programs
- Volunteer or intern in the field

College Sophomore Year

3 Stay on Track for Medical School

4 Get More Experience and Look at Resources

Summer

- Work with your pre-health advisor
- Attend pre-health meetings
- Volunteer/work in medically related field

College Junior Year

- Get research or internship experience
- Review AMCAS application process
- Look into Fee Assistance Program
- Review the MCAT registration process

5 Strategize with Your Advisor for a Game Plan

Things to discuss with your advisor:

- Taking a gap or growth year
- Post-bac Programs
- When to take the MCAT exam
- Letters of recommendation
- Pre-med and other required coursework

6 Register for the MCAT Exam

- Register early!
- Use Medical Schools Admissions Requirements® to compare schools
- Begin filling out AMCAS application

Summer

- Finalize and submit your AMCAS application
- Continue with volunteer/work

College Senior Year

7 Prepare for Medical School Interviews

- Consult with your advisor
- Get interview tips from Aspiring Docs

8 Receive Letters of Acceptance or Rejection

If accepted:

- Decide which medical school you want to attend
- Complete FAFSA and financial aid forms

If waitlisted or rejected:

- Talk with your advisor
- Consider a gap year or post-bac program
- Explore at services.aamc.org/postbac/

College Graduation

8 Get Ready for Medical School

- Buy books
- Find a place to live
- Attend orientation programs and matriculate

This infographic represents a basic timeline and steps toward medical school. Your advisor and AAMC resources can help guide you on your individual timeline and steps.

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